

SUNDAY TO EVERYDAY

Needed: FIT Men

From the service on 06-21-2026

SCRIPTURE

2 Timothy 1:1-7

Take your time, and write down what stands out to you.

DISCUSSION QUESTIONS

1. Paul tells Timothy to “be strong in the grace that is in Christ Jesus.” What does it look like to draw strength from God’s grace rather than relying on your own ability?
2. The message described a spiritually FIT person as Faithful, Intentional, and Teachable. Which of those qualities is strongest in your life right now, and which needs the most growth?
3. The statement was made: “Maturity is the result of intentional exercise, not instantaneous experience.” What spiritual habits have helped you grow, and where do you need greater consistency?
4. Who has invested in your spiritual life, and how have they helped shape your faith? Is there someone God may be calling you to encourage, mentor, or disciple?
5. The message emphasized that God’s truth should interpret culture rather than culture interpreting God’s truth. What cultural messages or influences do you find most challenging to evaluate through a biblical lens?
6. Paul compares the Christian life to a soldier, athlete, and farmer. Which of those images best describes your current season of faith, and why?
7. The message ended with the reminder that “someone younger in age or faith is watching you.” What kind of example are you currently setting, and what is one step you can take this week to become a more faithful example of following Jesus?



**WATCH THIS
WEEK’S MESSAGE**



Grace Community Church